



Agir pour  
le Cœur  
des Femmes

Women's Cardiovascular Healthcare Foundation

# ATRIAL FIBRILLATION

The most common type of heart rhythm disturbance: an irregular, often abnormally fast, heart beat.

After the age of 55, 1 out of every 3 people  
will develop atrial fibrillation

- > 5 times greater risk of stroke
- > Women twice as likely to die
- > A blood clot formed in the left atrium travels to the blood vessels that supply the brain, where it causes a stroke.

Warning signs  
and diagnosis:  
irregular pulse,  
ECG to find cause

> 3 main symptoms.

No symptoms at all in over 50% of cases



Breathlessness

1



Palpitations

2



Tiredness

3

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